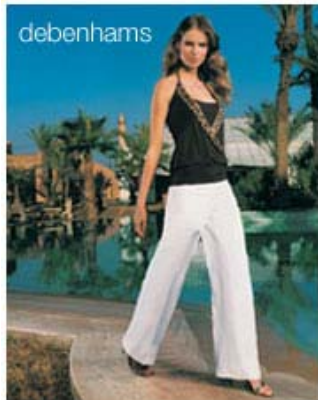


packing light

We've all done it. Taken a massive suitcase with us on holiday and end up wearing only half the clothes. Read on to see how you can lighten the load...

- Look at the big picture when choosing your separates. Go for items that combine well with each other and that have multiple usage; loose fitting trousers are great to travel in, for walking around town and as a casual evening piece. A light floaty dress is another great option – wear it alone for an evening out and then throw a top over it to turn it into a skirt for a more casual look.



- Pack clothing that resists wrinkling. Opt for knit pieces, wool blends, silk and microfibrils. If possible avoid wovens, such as 100% cotton or linen.
- Pack pressed items such as suits and evening wear in plastic bags – it helps prevent wrinkles.
- Lightweight cloths and silks : take if you are a bit unsure of work well in all conditions.
- Take items you can layer instead of a single heavy item. A chunky jumper takes much more room in your bag than two thin jumpers.



make-up essentials for a tropical holiday

- **Sunscreen** with a minimum SPF coverage of 15
- **Tinted moisturiser** (£13.95)
- **Mascara** (£7.50)
- **Lip gloss** (£8.45)

To purchase any of our make-up contact your nearest consultant Wendy Barton on 07739 913263



shades & shapes

Of course, no holiday wardrobe would be complete without the perfect pair of sunglasses.



This summer all styles are go. However when choosing the best style for you, consider the following:

your colouring:

- The *deeps* and *clears* will look fantastic in bold black frames.
- Rimless sunglasses and lightly tinted lenses are perfect for the *lights*.
- Amber lenses and frames are made for the *warms*.
- The *cools* should opt for silver frames with clear, pink or grey lenses.
- The *softs* will look great in tortoise shell frames.

your face shape:

- *rectangle* – go for wider frames that will counteract your narrow face. Choose frames with softer edges or that are light weight.
- *round* – angled frames will help balance out the face. If the frame is slightly wider than the face, it will give the appearance of your face being smaller.
- *square* – look for oval or rounded styles in lightweight frames.
- *oval* – all shapes of sunglasses

travelling tip

Swap a change of clothing with a travelling companion in case your luggage gets lost.

- Coordinate your outfits around complimentary colours that can be combined into several outfits.
- To save space and keep wrinkles down, roll clothing into cylinders when packing. Socks and underwear can be stuffed into your shoes – it not only saves space but keeps your shoes from getting crushed.
- Take small size toiletries instead of huge bottles.
- Bring a light weight fold-up bag that can be filled with all the extras that are coming back with you. It can also double up as your pool/beach bag.



- Shoes are always the big dilemma and add a lot of weight. For a week long beach holiday, you only need a pair of flip-flops for the beach, a pair of comfortable shoes for wandering around, and one pair of fabulous evening shoes.



travelling tip

Unpack as soon as possible and hang any wrinkled items in the bathroom when showering to help steam out the wrinkles.

Want to learn more about wardrobe planning and which styles of clothing and accessories are best for you?

CONTACT – WENDY BARTON – 07739 913263

will look great on you!

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