

black is back

how are you going to wear yours this season?

After a colourful and bright summer, black is back with a vengeance this autumn/winter. Although wearing black from head-to-toe is an easy option, it may give the message that you lack imagination. Here are some tips on how best to wear black to suit your colouring.

make an impact

If your colouring is dark and deep, black will be a winner, on its own or mixed with any colour that suits you. If you have blond, light brown or reddish hair, black can look striking but make sure you keep it away from your face; wrap a scarf around your neck, wear a light coloured top or wear masses of pearls so that the lighter colours reflect on your face.



la redoute

next



break it up

When it comes to wearing black you'll need to consider the fabric. If black crepe is too stark and dull, opt instead for a tweed weave which will soften the look. Lace which lets the skin peek through will also soften the effect.

If you'd rather not go for solid black, look for items that are striped, checked or patterned. Pin or chalk stripes are the perfect way to break up a solid black office suit.

make-up colours – same rules apply!

When wearing black, remain true to your **colour me beautiful** suggested make-up shades to be seen at your best. Many people tend to apply strong make-up when they wear black so they won't look washed out – however, strong make-up on a light, cool, warm or soft will only detract from your overall look. On the other hand, deeps and clears can have a strong make-up look to balance and harmonise with what you are wearing.

accessorising

If you are wearing black head to toe, make sure you accessorise near your face with pearls, beads, jewellery, etc. in tones that work with your natural colouring. A pashmina or a chiffon scarf in your colours will give you a dramatic and striking look and make you stand out from the crowd. To purchase any of our 10 beautiful shades of scarves, contact Wendy Barton on 07739 913263.



gap



jeans are here

to stay

No matter what your shape, when it comes to denim, fit is everything. Being the staple item for any casual wardrobe, it is important to find the perfect pair. Here are a few hints to find the style that works for you:

short legs

A well-fitted pair of jeans is your best bet. To stretch out your silhouette, choose jeans with prominent vertical stitching down the sides or go for high-waisted jeans – both will make your legs appear longer. Another option is to wear long boot-cut jeans that will completely cover a fabulous pair of high-heeled shoes.

Stay away from baggy styles, wide legs and jeans with cuffs – they will do nothing to improve your proportion. When choosing tops to wear with jeans, it's best to tuck in shirts or have them cut at the waist to give the impression of length. Anything longer will cover your bottom half and make legs look even shorter.

pear shaped

Opt for darker denim which is more flattering and slimming than light stonewashed jeans. Boot cut or flared jeans are wonderful styles as they'll balance out heavier hips, thighs and bottoms.

Avoid denims that contain stretchy materials such as Lycra – they'll cling to your hips and thighs and will accentuate your problem areas. Jeans with pockets that sit at the hips are another no-no as they'll bring attention where you may not want it!

full figured

Choose a pair of jeans that follow the shape of your body yet do not contain stretch materials that hug every curve. A pair of relaxed, medium-waist straight leg jeans is your best option.

Again, darker denims such as shades of indigo will be more complimentary than lighter denim washes. A loose top, such as a shirt-jacket that cuts below your widest point will look fabulous paired with your perfect pair of jeans!



tu at sainsbury's

seven for all mankind



to add curves

If you have a lean frame and want to add curves, choose stretch jeans with a cotton-lycra blend that will hug the body and give a voluptuous look. Jeans with detailed pockets are great for flat behinds as they'll catch the eye and create the illusion of width and a pert bottom!

how low can you go?

Low-waisted jeans have taken over the shops these days; unfortunately these hipsters are best left to figures that are straight up-and-down without curves. As a general rule-of-thumb, if you find that there is gapping fabric at the back of the jeans, you'll need something with a higher waist.



Autumn provides the perfect excuse to launch into some fantastic pre-Christmas home, interior design and DIY projects so why not visit the **Ideal Home Show Scotland** at the **SECC, Glasgow from 14th to 23rd October** and the **Autumn Ideal Home Show** at **Earls Court, London from 7th – 16th October**. Both shows are packed full of fantastic shopping, Christmas gift ideas and interior inspiration, the latest home accessories and gadgets, and a host of celebrity guests ready to share their top tips with you. You can also drop by the **Beauty Retreat** for a pampering session and find out this season's colour trends from the experts at **colour me beautiful**.

colour me beautiful has joined forces with Ideal Home Show to offer readers £2 off advance tickets to both the Autumn Ideal Home Show and the Ideal Home Show Scotland. To take advantage of this fantastic offer simply call **0870 606 6080** or visit **www.autumnidealhomeshow.co.uk** for the **London Show** or **08701 20 70 20** or visit **www.idealhomeshowscotland.co.uk** for the **Scotland Show** and quote 'CMB' to receive £2 off full price adult tickets and £1 off senior's tickets.

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